

Life Groups Discussion Guide

FOUNDATIONS: BUILDING A LIFE THAT STANDS

Key Text: Hebrews 6:1–2

Purpose: To help believers examine their spiritual foundations, grow toward maturity, and intentionally build their lives on Christ.

1. Building Your House

Starter Question:

- Have you ever built or renovated something (a house, furniture, business, or even a relationship) that later showed hidden weaknesses?
- What usually exposes weak foundations—time, pressure, or crisis?

Transition Thought:

Just like buildings, our lives often look strong on the surface—until pressure reveals what they’re built on.

2. Scripture Focus: Why Foundations Matter

Read Together:

- **Hebrews 6:1–2**
- **1 Corinthians 3:9–11**

Discussion Questions

1. According to Hebrews 6:1–2, what is the goal of laying foundations again?
 - Is it to stay there—or to build beyond them?
2. Paul says that **no other foundation can be laid except Jesus Christ** (1 Corinthians 3:11).
 - What are some false foundations people often rely on today?
 - Why are these insufficient in times of testing?

Key Truth:

Foundations are essential—but they are meant to support **growth and maturity**, not replace it.

3. Unity, Liberty, and Love in Our Beliefs

Read Together:

- **Ephesians 4:4–6**
- **Romans 14:1, 4, 12, 22**
- **1 Corinthians 13:2**

Discussion Questions

1. What are some **essential beliefs** that define the Christian faith?
(Refer to Ephesians 4:4–6.)
2. Why do you think disagreements over **non-essential beliefs** often cause division in churches?
3. Romans 14 calls believers to show grace in disputable matters.
 - How can liberty be practiced without compromising truth?
4. Paul says truth without love equals nothing (1 Corinthians 13:2).
 - What does it look like to hold **truth and love together** in real conversations?

Group Reflection:

- Where do you struggle most—unity, liberty, or love?
- How can your Life Group model all three?

4. Christ the Foundation and Cornerstone

Read Together:

- **Isaiah 28:16**
- **1 Peter 2:4–6**

Discussion Questions

1. What is the role of a cornerstone in a building?
2. If Jesus is the cornerstone, what does that mean for:
 - Our decisions?
 - Our values?
 - Our identity?
3. The sermon emphasized that Jesus is not an “add-on.”
 - In what areas of life is it tempting to treat Him that way?

Personal Reflection:

- Are there parts of your life aligned with Christ—and areas that are misaligned?

5. Standing in Life’s Storms

Read Together:

- **Luke 6:47–49**

Discussion Questions

1. What are the **three actions** Jesus highlights in this passage?
 - Coming to Him
 - Hearing His words
 - Putting them into practice
2. Why do both houses experience the storm?
3. What is the difference between **hearing the Word** and **obeying the Word**?

Key Insight:

Knowledge informs us. Obedience forms us.

6. Signs of Spiritual Maturity vs. Immaturity

Read Together:

- **Hebrews 5:11–14**
- **1 Corinthians 3:1–2**

Discussion Questions

1. Why does Scripture describe spiritual immaturity as dangerous?
2. Which signs of immaturity stood out to you from the sermon?
 - Dullness toward the Word
 - Inability to disciple others
 - Being easily offended
 - Chasing new teachings
3. Which of these do you see most often in yourself or in the church culture today?

Grace Reminder:

This is about **growth**, not condemnation. Awareness is the first step toward maturity.

7. Application: Digging Deep This Week

Personal Challenge

Ask everyone to prayerfully answer:

- What foundation in my life needs repair or strengthening?
- What is one **specific act of obedience** God is calling me to this week?

Examples:

- Daily Scripture engagement
- Reconciling a relationship
- Obeying God in a difficult decision
- Serving or discipling someone else

8. Prayer Time

Prayer Focus:

- Thank God for being a firm foundation
- Ask the Holy Spirit to reveal weak areas
- Pray for grace to move from hearing → doing
- Pray for spiritual maturity in the group and church

Optional Closing Scripture:

- **Matthew 7:24–25** (parallel to Luke 6)
- **Psalm 127:1**

Leader Tip

Encourage honesty, patience, and grace. The goal is not perfect foundations overnight—but a **committed journey toward maturity**.