

Mentoring Men – Group Discussion Guide

Episode 1: Renewed Minds, Aligned Lives — Discerning the Will of God

Theme: God's will is not discovered through external signs first, but through internal transformation.

1. OPENING

Welcome: Introduce the theme and the idea that Scripture teaches discernment flows from renewal.

Opening Prayer: Invite God to renew thoughts and expose unhelpful patterns.

2. SCRIPTURE FOUNDATION

- Proverbs 23:6–7 — “For as he thinks in his heart, so is he.”
- Romans 12:1–2 — “Present your bodies as a living sacrifice... be transformed by the renewing of your mind...”

3. PART 1: CONSECRATION BEFORE DIRECTION

Key Idea: God desires dedication before direction. A surrendered heart leads to clarity.

Discussion Questions:

1. Where do you find it difficult to surrender fully to God?
2. In what areas do your actions and inner thoughts not align?

4. PART 2: SEPARATION – WHAT ARE YOU FEEDING ON?

Key Idea: We are shaped by what we feed our minds. Scripture warns not to “eat at the table” of selfish thinking.

Discussion Questions:

1. What influences have shaped your thinking recently?
2. Which “tables” are forming you — comparison, fear, pride, or Christ?

5. PART 3: TRANSFORMATION – RENEWING THE MIND

Key Idea: Transformation starts with belief renovation, not behaviour modification.

Discussion Questions:

1. What lies do you tend to believe about yourself or life?

2. What truth from Scripture needs to replace those lies?

6. PART 4: DISCERNMENT – WALKING IN GOD’S WILL

Key Idea: Discernment is the result of a renewed mind and surrendered life.

Discussion Questions:

1. How have you previously approached “finding God’s will”?
2. How does renewing your mind change your expectations about clarity?

7. PRACTICAL CHALLENGE: THE TABLE TEST

- What am I feeding my mind?
- Is this forming Christ in me?
- Which recurring thought drives fear, insecurity, or comparison?
- Replace it with truth and practice one aligned action this week.