



MENTORING LADIES

MATERIAL

Beyond the Belief of the Basics



8

Beyond the Belief of the Basics

I am sitting with a cup of coffee from Vida E, where I've used my Vida App for loyalty points. Just back from my morning walk where I listened to a teaching on my Bible App on my phone. I just need to quickly order supplies and fresh products from Checkers 60/60, before I can read my daily devotions on my Bible App.

I am busy with Ezekiel, not the easiest book for me to read. On the top of my screen appears a WhatsApp from one of the sport groups of one of my 3 kids. I ignore it, I am busy with 'Bible study'. Another notification pops up on my screen; this one is from the school notification App – I swipe up and try to read on. A reply on the sport group catches my attention in the corner of my screen. That's it. I switch over to WhatsApp and start reading the responses.....

This is the generation we live in; this is the new normal. But it steals from us.

My challenge for the year 2026 is to get back to the basics and read the Word from a hard copy BIBLE. There is something in the weight of the Word in your hands. Turning pages, underlining scripture, making notes and penning down revelations. The Bible is a gift from God, it is direct word from God, it is power given to us from God.

John 1:1-5

1 In the beginning was the Word, and the Word was with God, and the Word was God. **2** He was with God in the beginning. **3** Through him all things were made; without him nothing was made that has been made. **4** In him was life, and that life was the light of all mankind. **5** The light shines in the darkness, and the darkness has not overcome [a] it.

To know the Word is to know God. Let's get back in His Word.

Here are 4 things what the Word can be for us in living life.

1. The word can be a Mirror: Reflection

James 1: 22-25

22 Do not merely listen to the word, and so deceive yourselves. Do what it says. **23** Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror **24** and, after looking at himself, goes away and immediately forgets what he looks like. **25** But whoever looks intently into the perfect law that gives freedom, and continues in it—not

forgetting what they have heard, but doing it—they will be blessed in what they do.

The word of God must be the reflection of who we are. Not the world's mirror and its reflection. We need to stare intently in the mirror of the Word, not just glance in it. We need to get secure in our reflection from the Word on who we are and Whose we are. We need to become still in the knowledge of who we are from reading the Word as a mirror. This stillness of knowing who God is flows over to who you are in your chaos. In chaos situations it is your knowledge of who God is, that keeps you still. The more you look into the Mirror, the more you start to know and the more you know, the more you become still.

2. The word is a Lamp for Direction

Psalms 119: 105

105 Your word is a lamp for my feet, a light on my path.

When darkness comes in your soul because of your circumstances, God gave us the Word as a light to guide you through the darkness.

God's word is directional. The answers for our worries about our purpose, money, children, church, enemies and more are in His word. We are not always going to like the direction of the Word, because it is not what our flesh wants to do, but it is the GPS for your spirit.

3. The Word is a Sword for Protection

Hebrews 4: 12-14

12 For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. **13** Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account.

Ephesians 6: 15-17 Armor of God

15 and with your feet fitted with the readiness that comes from the gospel of peace. **16** In addition to all this, take up the shield of faith, with which you

can extinguish all the flaming arrows of the evil one. **17** Take the helmet of salvation and **the sword of the Spirit, which is the word of God.**

The Word of God is a weapon to fight our battles with. We need to know scripture to speak over our fights and break attacks on our life's. Some of us are losing our battles, because we fight with our mouths, instead with Gods words. We fight with our flesh, instead with Gods Spirit. This Sword is for the fight in the spiritual round.

Matthew 4:6

Jesus answered him, "It is also written: 'Do not put the Lord your God to the test.'"

We can't say "it is written" if we do not know what is written in the word. We need to read the Word, to know the Word, to use it to fight the enemy. 'In the name of Jesus' needs the authority, that comes with the knowledge of the Word.

4. The Word is a Ladder for Elevation

Isaiah 55:8–9

8 "For my thoughts are not your thoughts, neither are your ways my ways," declares the Lord. 9 "As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.

Reading the Bible – opening the book, is standing at the foot of a ladder. Reading it, brings you higher to what you currently see, reading what God can do in situations brings a possibility to what God can do in your life, that was not previously in your vision line. At the foot of the ladder, you are trying to find a way, but 2 steps up on Gods ladder you can see God can make a way where there isn't even a way.

If you do not read the Bible, you can only see what you can see, and not what God can see. You can only do what you can do and does not know what God can do.

Practical:

Where to start:

Attach is a guideline as recommendation where to start reading Bible.

- Daily: put 20-30minutes out to spend time reading your Bible. First just absorb the Word.

Try different Translations

Some read like a book (Message Translation), others have definition, synonyms for words.

Try and find the Translation that works for you.

- Last: have a small Bible in your car. When you're waiting at pick up, or have a few spare minute. Instead of scrolling your phone. Read your Bible.